



Small | \$13.95

Large | \$15.95

1 SCOOP BASE, 2 PROTEIN 2 SCOOP BASE, 3 PROTEIN

BUILD YOUR OWN BOWL

STEP 1: CHOOSE YOUR BASE

White Rice Spring Mix

Brown Rice **+\$1**

STEP 2: CHOOSE YOUR PROTEIN

***Salmon**

Scottish Salmon

***Tuna**

Yellowfin Tuna

Octopus

Line Caught, Wild

***Spicy Tuna** 🔥

Tuna Seasoned
in our special spicy sauce

Cooked Shrimp

Wild Caught

Crab Salad

Crab Seasoned in Our
Special Creamy Sauce

Bay Scallops

Atlantic

Tofu

Vegan

**EXTRA PROTEIN
+\$2**

STEP 3: CHOOSE YOUR SIDES

Pick 5 Extra **+\$1.5** Per

Cucumber

Sweet Corn

Seaweed Salad Pineapple

Ginger Edamame

Tobiko Jalapeno

Wasabi Green Onions

Carrots Lettuce

Red Cabbage Red Onions

Sweet Onions Cilantro

Avocado **+\$1**

STEP 4: CHOOSE YOUR SAUCE

House Sauce 🔥 Spicy Aioli

Teriyaki Sesame Oil

Ponzu Sriracha 🔥

Spicy Ponzu 🔥 Yum Yum Sauce



STEP 5: CHOOSE YOUR CRISPS/EXTRAS

Crispy Onion Garlic Crisps

Sesame Seed Chilli Flakes

Sea Salt Furikake

Chili Powder

SOUP

Miso | \$3.00

BEVERAGES

Bottle Water | \$3.00

Bottle Soda | \$2.50

